

## How to guide: Following protocols

A protocol is the description of everything which will take place within a research project.

- The protocol is the instruction manual for a research project.
- It should contain all of the things that you need to do.
- It is the reference guide for all activities which have been approved to take place.
- You should not undertake any activity not in the protocol.
- It should be kept up to date; when there are any changes, a new version of the protocol should be issued and an amendment submitted to approve the changes.

### Full guide

#### Format

- The protocol is not always in a standard format – although the Health Research Authority (HRA) does recommend a template for CTIMPs and qualitative research: <https://www.hra.nhs.uk/planning-and-improving-research/research-planning/protocol/>

#### Contents

- Participants must be fully informed and in a position to consent (having capacity to consent).

#### Keeping records

- The protocol should be kept in the site file.
- Superseded versions should be kept in the file but crossed through (or marked as superseded if kept electronically).
- Staff involved in the study must have access to the site file to enable them to refer to the protocol.

### **Glossary of Acronyms and Terms**

HRA Health Research Authority

CTIMP Clinical Trial of an Investigational Medicinal Product