

Improving our regional  
healthcare through **research**  
and **development**



## Newsletter - December 2017 - Issue 2

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The West Yorkshire Research and Development team (WY R&D) is hosted by Bradford Districts Clinical Commissioning Group (CCG), working across all the West Yorkshire CCGs to support primary care research. Our team is here to help with every step of the research process, from the development of a research idea to the dissemination of research findings. You can contact us with questions at [research@bradford.nhs.uk](mailto:research@bradford.nhs.uk). These twice yearly updates aim to provide some insight into ongoing research activity, both across West Yorkshire and nationally. You can find much more information through our website or our Twitter account:

<http://www.westyorksrd.nhs.uk> and <https://twitter.com/NHSWYRD>

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## National news

### NIHR Clinical Research Nurse Strategy

In October the National Institute for Health Research (NIHR) released a new strategy to underpin the invaluable work of research nurses, the [NIHR Clinical Research Nurse Strategy 2017-2020](#).

Visit the NIHR website to learn more about these [strategic goals](#).

### New policy framework for UK health and social care research

The UK Policy Framework for Health and Social Care Research was released in October.

This framework sets out principles of good practice in the management and conduct of health and social care research in the UK.

You can read this at the brand new [Health Research Authority \(HRA\)](#) website.

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### NHS England consultation launched

NHS England has launched a consultation aiming to simplify and strengthen arrangements for research in the NHS. The consultation period runs from 30th November 2017 to 1st February 2018.

You can read more information about this and [respond](#) via the NHS England [website](#).

### National news – useful sites

To stay in the know about the latest national developments follow the National Institute for Health Research website's news section:

<https://www.nihr.ac.uk/news-and-events/news/>

You can also follow the Health Research Authority's updates on their website:

<https://www.hra.nhs.uk/about-us/news-updates>

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## Local news

### ASPIRE study team publishes paper

The Action to Support Practices Implementing Research Evidence (ASPIRE) study took place across West Yorkshire, with an aim to develop and test ways to support general practices in implementing evidence-based practice effectively and realistically within the constraints and challenges of real-life general practice.

An open access paper has been published by the ASPIRE study team entitled: 'Variations in achievement of evidence-based, high-impact quality indicators in general practice: An observational study', which you can access now:

<http://journals.plos.org/plosone/article?id=10.1371/journal.pone.0177949>

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### New Chief Operating Officer for CRN Yorkshire and Humber announced

In November Amanda Tortice joined the Clinical Research Network (CRN) Yorkshire and Humber as Chief Operating Officer. Amanda has launched [a monthly column](#). This column will provide a great opportunity for you to keep informed about what is going on across our local Network.

You can read more about Amanda Tortice and her appointment on [the NIHR website](#).

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### Yorkshire and Humber CRN

Did you know that the National Institute of Health Research has a section of its website dedicated entirely to research activity across Yorkshire and Humber?

<https://www.nihr.ac.uk/nihr-in-your-area/yorkshire-and-humber/>

You can also follow updates on Twitter:

[https://twitter.com/NIHRCRN\\_yorks](https://twitter.com/NIHRCRN_yorks)

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### Campaign to Reduce Opioid Prescribing (CROP)

2017 saw the success of our Campaign to Reduce Opioid Prescribing. The bi-monthly audit and feedback reports showed a relative reduction in prescribing of opioids for non-cancer pain of 5.3% between the baseline and final reports across the West Yorkshire CCGs. Funding has been secured to conduct an interrupted time series analysis of our audit and feedback intervention to investigate causality. We'll continue to work with the Academic Unit of Primary Care at the University of Leeds to analyse the data from CROP.

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### RETHINK

Following the success of the CROP programme the WY R&D team will be working with the West Yorkshire CCGs' Heads of Medicines Optimisation to look at the current prescribing activity for neuropathic pain management. The project will again run for a year, starting in January, with reports based upon the latest guidance from NICE, the latest published evidence along with highlighted practice performance, enabling practices to identify areas where neuropathic pain prescribing could be reduced. This also provides practices with the opportunity to compare their prescribing habits with others in their own CCG and across the West Yorkshire region.

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### STEP

Funding has been awarded for the Supporting Timely Engagement with Palliative Care (STEP) study. The aim of this project is to assess the acceptability of an intervention to help patients with advanced cancer and their clinicians make informed decisions about palliative care. Look out for updates about this interesting study in future newsletters as it progresses.

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## Local news

### High Quality Elderly Care event

In October we held a workshop alongside researchers from Bradford Institute of Health Research, the Academic Health Science Network and the University of Leeds, bringing together academics, clinicians and commissioners to discuss research into frailty, eFI and elderly care. The aim of the session was to support evidence-based commissioning as well as to offer health professionals the opportunity to give feedback to researchers from the perspective of primary care practitioners.

The event was chaired by Professor John Young and presentations were given by Dr Andrew Clegg, Tony Jamieson, Professor Suzanne Richards and Professor Robbie Foy. You can access the audio recorded presentations and other resources from this session on the WY R&D website:

[www.westyorksrd.nhs.uk/elderly-care-workshop](http://www.westyorksrd.nhs.uk/elderly-care-workshop)

We will be holding our next evidence sharing event, with the theme of mental health, in the spring.

**Team changes** have taken place as we've said goodbye to James Hardy; we wish James all the best in his new role!

This month we welcomed our new starter Imran Mohammed. Imran will be writing an introductory blog post that will be up on our website soon.

Rebecca Harper, the team's Research Governance Lead, has now returned following maternity leave.

You can find the contact details of all members of our team on our website: <http://www.westyorksrd.nhs.uk/contact>

### Out and about in West Yorkshire



We frequently attend NHS events across West Yorkshire. If you see us come and say hello and ask us any questions you have about research opportunities and learning, or contact us at [research@bradford.nhs.uk](mailto:research@bradford.nhs.uk).

Follow us on **Twitter** if you are interested in learning about primary care research taking place across West Yorkshire: [@NHSWYRD](https://twitter.com/NHSWYRD)

You can also follow the #whywedoresearch and #iamresearch hashtags on Twitter to see lots of examples of research activity taking place both locally and nationally.

**We'd like to take this opportunity to thank everyone who has taken part in research during 2017. We look forward to working with you throughout 2018, collaborating to produce and support high quality research to advance patient care. Thank you!**