

Improving our regional
healthcare through **research**
and **development**



Newsletter – August 2018 - Issue 3

The West Yorkshire Research and Development team (WY R&D) is hosted by Bradford Districts Clinical Commissioning Group (CCG), working across all the West Yorkshire CCGs and Harrogate and Rural District CCG to support general practice research. Our team is here to help with every step of the research process, from the development of a research idea to the dissemination of research findings. You can contact us with questions at research@bradford.nhs.uk. These twice yearly updates aim to provide some insight into ongoing research activity, both across West Yorkshire and nationally. You can find much more information through our website or our Twitter account: <http://www.westyorksrd.nhs.uk> and <https://twitter.com/NHSWYRD>.

National news

National Research League Table

New figures from the National Institute for Health Research show that over 80,000 people signed up to NHS research in Yorkshire and Humber in 2017/18.

You can visit the NIHR website to access this year's league table:

<http://www.nihr.ac.uk/nihrleaguetable>

On their website our local Clinical Research Network has celebrated local successes. Congratulations have been given to Harrogate and Rural District CCG, who came fourth nationally for increase in number of studies, from 6 in 2016/17 to 16 in 2017/18. Our local CRN reports that this rise puts the CCG second nationally in terms of percentage increase.

You can read more via [our local Clinical Research Network](#).

Join Dementia Research

Data released this month suggests that over 10,000 study participants have been involved in dementia research thanks to Join Dementia Research.

Find out more in the Yorkshire and Humber CRN's latest [Join Dementia Research update](#).

Useful sites

To stay in the know about the latest national developments follow the National Institute for Health Research website's news section: <https://www.nihr.ac.uk/news-and-events/news/>

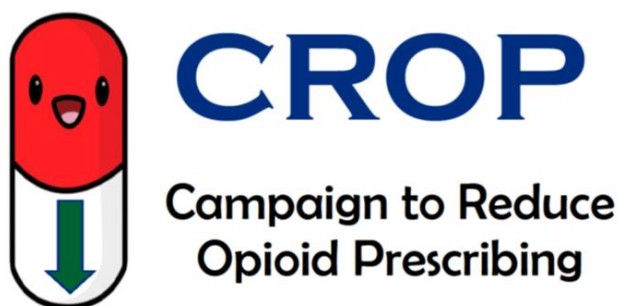
You can also follow the Health Research Authority's updates on their website: <https://www.hra.nhs.uk/about-us/news-updates>

Local news

Campaign to Reduce Opioid Prescribing (CROP) update

How is an enhanced feedback intervention to reduce opioid prescribing perceived and acted upon in primary care?

We previously partnered with the 10 Medicines Optimisation Teams of the Clinical Commissioning Groups in West Yorkshire to launch the Campaign to Reduce Opioid Prescribing (CROP).



This project involved sending reports to practices on their opioid prescribing for chronic non-cancer pain every two months over the course of a year.

The reports compared their prescribing to that of other practices in their CCG and West Yorkshire and showed trends in prescribing.

Many good ideas to change practice do not work as expected. Therefore, an evaluation is now underway to interview practice staff to examine how the reports were received and acted upon and whether the practices routinely used the reports to assess their prescribing.

So far 11 practices have expressed their willingness to be interviewed.

If you are interested in participating, please contact the team:

<http://www.westyorksrd.nhs.uk/contact>

Mental Health in Primary Care event

In May we held a workshop alongside researchers and colleagues from mHabitat, the University of Huddersfield, the University of Leeds and the local Clinical Commissioning Groups. This session brought together academics, clinicians and commissioners to discuss mental health research. The aim of the session was to support evidence-based commissioning as well as to offer health professionals the opportunity to give feedback to researchers from the perspective of primary care practitioners.

The event was chaired by Dr Brendan Kennedy (AWC CCG) and presentations were given by Alicia Ridout, Jo Butterfield, Professor Mike Lucock and Professor Allan House.

You can access the audio recorded presentations and other resources from this session on the WY R&D website:

<https://www.westyorksrd.nhs.uk/mental-health-workshop>



We will be holding our next evidence sharing event, with the theme of cancer diagnosis, in October 2018. To register your interest in attending this session please contact our Research Engagement Officer: gemma.doran@bradford.nhs.uk

Local news

Out and about

Each year International Clinical Trials Day is celebrated on 20th May to mark the anniversary of James Lind's [attempt to cure scurvy](#) in 1747. Lind's investigation into potential cures aboard the HMS Salisbury is considered to be one of the first documented clinical trials. You can read more about this in our [blog post](#) that takes a look back at the history of medical research.



This year the WY R&D team marked this international celebration by visiting CCG offices across West Yorkshire and Harrogate, sharing research opportunities, good news stories and evidence.

The next International Clinical Trials Day celebration will take place on Monday 20th May 2019.

You can look back at some of the celebrations that were held up and down the country by searching the hashtag [#ICTD2018](#) on Twitter.



The team has also taken part in practice protected time events taking place across West Yorkshire and Harrogate, sharing resources about projects and campaigns such as the [REMAIN](#) project, the [Join Dementia Research](#) campaign and the [General Practice Guide to Research](#).

We frequently attend NHS events across West Yorkshire and Harrogate. If you see us come and say hello and ask us any questions you have about research opportunities and learning, or contact us at research@bradford.nhs.uk.

Team changes have taken place as we've said goodbye to Emma Neil; we wish Emma all the best in her new role!

At the end of May 2018 Damian Reynolds joined the team as our new Research Delivery Officer.

You can read an introduction to Damian on our blog:

<https://www.westyorksrd.nhs.uk/blog>

Follow us on **Twitter** to hear about research taking place across West Yorkshire and Harrogate: [@NHSWYRD](#)

You can also follow the [#whywedoresearch](#) and [#iamresearch](#) hashtags on Twitter to see lots of examples of research activity taking place both locally and nationally.

We'd like to take this opportunity to thank everyone who has taken part in research so far this year. We look forward to working with you throughout the rest of 2018 to produce and support high quality research to advance patient care. Thank you!