

Mental Health in Primary Care

Speaker Biographies

Jo Butterfield

Project Lead, West Yorkshire MH STP (West Yorkshire and Harrogate Health and Care Partnership)

Jo has over 20 years experience of working in the NHS and has worked in both provider and commissioner organisations across a wide range of services predominantly in the Bradford area. She was employed as Head of Service Improvement within the Yorkshire and Humber Programme for IT at the Strategic Health Authority before setting up as an independent contractor. After returning to salaried employment last year she has been working in mental health commissioning and is now employed by the West Yorkshire STP Mental Health Programme leading on Autism/ADHD and Learning Disabilities. Due to previous roles held she is particularly interested in mental and physical health integration, and the development of services in primary and community settings to support this.

Alicia Ridout

Deputy Director mHabitat, Leeds & York Partnership NHS Foundation Trust

Alicia is a registered Occupational Therapist with over 30 years of experience encompassing industry, NHS, private healthcare, Higher Education and the 3rd sector working with people in a wide range of settings across the UK, delivering transformation programmes, service improvement projects and digital innovation. Alicia is product owner of the award winning Leeds Mental Health Information website, MindWell Leeds. She is also trained as a Clinical Safety Officer and recently won the Chief Allied Health Professionals Officer Digital Innovator of the year 2017 award, sponsored by NHS Digital.

Alicia is a member of the Royal College of Occupational Therapists (RCOT) National Conference Development Team. She is a Dementia Champion, is a visiting fellow at the University of Leeds Yorkshire Centre for Health Informatics, sits on the NHS Digital Indicator Governance board and chairs an MRC PROM research project advisory group. She has published research and has completed a project exploring the occupational impact on working carers in Leeds funded by the RCOT. Alicia is due to present at the World Federation of Occupational Therapists conference in Cape Town, South Africa in May 2018 with two digitally focused projects, funded by the Elizabeth Casson Trust.

Professor Mike Lucock

Professor of Clinical Psychology at the University of Huddersfield and Associate Director of Research in the South West Yorkshire Partnership NHS Foundation Trust

Mike Lucock is Professor of Clinical Psychology at the University of Huddersfield and Associate Director of Research in the South West Yorkshire Partnership NHS Foundation Trust. He qualified as a clinical psychologist in 1985 and completed post qualification training in cognitive therapy in 1997.

He has worked as a clinician in adult mental health, older adults' services, health psychology and primary care settings and was a manager of a psychological therapies service before taking up his current posts. He completed a PhD in 1994 in the area of health anxiety and patients' responses to reassurance in medical settings and his main research activity has been focused on self-help/self-management of mental health problems and psychological therapies process and outcome research in routine NHS service settings.

Dr Brendan Kennedy

GP Partner, Modality Partnership AWC and Airedale Wharfedale and Craven CCG Executive GP

Brendan Kennedy qualified from Leicester University in 1996. After a couple of years working in Queensland Australia he returned to complete his GP Training within Airedale in 2002.

He has been a partner at Kilmeny Surgery, Keighley since 2002. He has a long standing interest in mental health care especially relating to the management of medically unexplained symptoms.

He has been involved in commissioning for over 10 years and now acts as the Clinical Lead for AWC CCG.

Professor Allan House

Professor of Liaison Psychiatry, University of Leeds

Allan House graduated from St Bartholomew's Hospital in London. He is Professor of Liaison Psychiatry and Head of the Division of Psychiatry and Behavioural Sciences. Liaison psychiatry is the sub-specialty of psychiatry concerned with psychiatric practice in non-psychiatric settings, especially in general hospitals. From 2005 to September 2013 he was Director of the Leeds Institute of Health Sciences, a multidisciplinary institute in the School of Medicine with a substantial portfolio of activities in education and in applied health research.

His personal research interests include: the overlap between physical and mental disorder, medically unexplained symptoms, suicide and self-harm. Until 2016 Allan chaired the Yorkshire and Humber Research Funding Committee of the National Institute for Health Research's Research for Patient Benefit programme. He has served as a member of the HTA Commissioning Board and HTA Efficient Study Designs Board, and is a sub-panel member for NIHR Programme Grants for Applied Research (PGfAR) and member of an NIHR Fellowships committee.

He has co-authored two introductory texts on research methods: Understanding Clinical Papers, Bowers, House, Owens + Bewick (Chichester: John Wiley & Sons, 3rd edition 2014) and Getting Started in Health Research, David Bowers, Allan House and David Owens (Chichester: John Wiley & Sons, 2011).

Paul Carder

Head of Research, West Yorkshire Research and Development

Paul has been working in research related roles in both academia and the NHS for over 10 years, contributing to large national programmes of research and evaluation within both. Recent time has been spent overseeing the research and evaluation activity within primary care across the whole of West Yorkshire, starting with the clustered PCTs and now acting on behalf of all the West Yorkshire CCGs and general practices therein.

The Research service works with the CCGs and their constituent members to deliver nationally recognised studies that have been adopted onto the NIHR portfolio. Paul works with academics to bring research funded projects into the local health economy, attracting both National and European Union grants over the last few of years.